

Volleyball Schedule

August 2011-Tentative and subject to change

Sun	Mon-White	Tue-Black	Wed-Gray	Thu-Red	Fri-IC/VB T-shirt	Sat
	<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>
<i>7</i>	<i>8</i>	<i>9</i>	<i>10</i> <i>8-10:00 Varsity</i> <i>3:30-5 Varsity</i> <i>5-6:15 Weight Training</i> <i>All</i> <i>6:15-8:15 F/S (MS)</i>	<i>11</i> <i>6:45-8:45 am Var</i> <i>3:30-5:30 F</i> <i>3:30-6:00 S</i> <i>6:30 Freshmen</i> <i>Orientation</i>	<i>12</i> <i>3:30-5:30 F/S</i> <i>3:30-6:00Var</i>	<i>13</i> <i>8-10 am Weight Train-</i> <i>ing All</i> <i>10-11:30 Var</i> <i>10-10:30 F/S Open Gym</i>
<i>14</i>	<i>15</i> <i>3:30-5:00 All</i> <i>5-6:15 Weight Train-</i> <i>ing All</i>	<i>16</i> <i>3:30-5:30 F/S</i> <i>3:30-6:00Var</i>	<i>17</i> <i>3:30-5:00 All</i> <i>5-6:15 Weight Train-</i> <i>ing All</i>	<i>18</i> <i>3:30-5:30 F/S</i> <i>3:30-6:00Var</i>	<i>19</i> <i>Meet the Timber-</i> <i>wolves at middle</i> <i>school with parent</i> <i>meeting to follow</i>	<i>20</i> <i>8-10 am Weight Train-</i> <i>ing All</i> <i>10-11:30 Var</i> <i>10-10:30 F/S Open Gym</i>
<i>21</i>	<i>22</i> <i>3:30-5:30 F/S</i> <i>3:30-6:00Var</i>	<i>23</i> <i>Game</i>	<i>24</i> <i>Team Pictures</i> <i>LTC Coaches Meeting</i>	<i>25</i> <i>Game</i>	<i>26</i> <i>3:30-5:30 F/S</i> <i>3:30-6:00Var</i>	<i>27</i> <i>8-10 am Weight Train-</i> <i>ing All</i> <i>10-11:30 Var</i> <i>10-10:30 F/S Open Gym</i>
<i>28</i>	<i>29</i> <i>3:30-5:30 F/S</i> <i>3:30-6:00Var</i>	<i>30</i> <i>Game</i>	<i>31</i> <i>3:30-5:30 F/S</i> <i>3:30-6:00Var</i>		All weight training is at middle school.	

September 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <i>Game</i>	2 3:30-5:00 F/S 3:30-6:00Var 5-6:15 Weight Train- ing F/S	3
4	5 5:30-7:30 F/S TBA Var (late)	6 <i>Game</i>	7 3:30-5:30 F/S 3:30-6:00Var	8 <i>Game</i>	9 3:30-5:00 F/S 3:30-6:00Var 5-6:15 Weight Train- ing F/S	10 8-10 am Weight Train- ing All 10-11:30 Var 10-10:30 F/S Open Gym
11	12 <i>Soph –Tournament</i> 3:30-5:30 F 3:30-6:00Var	13 <i>Game</i>	14 3:30-5:00 All 5-6:15 Weight Train- ing All	15 3:30-5:30 F/S 3:30-6:00Var	16 3:30-5:00 F/S 3:30-6:00Var 5-6:15 Weight Train- ing F/S	17 <i>Var –Tournament</i> 8-10 am Weight Train- ing F/S 10-10:30 F/S Open Gym
18	19 3:30-5:30 F/S 3:30-6:00Var	20 <i>Game</i>	21 3:30-5:30 F/S 3:30-6:00Var	22 <i>Game</i>	23 <i>Game</i>	24 8-10 am Weight Train- ing All 10-11:30 Var 10-10:30 F/S Open Gym
25	26 3:30-5:30 F/S 3:30-6:00Var	27 <i>Game</i>	28 3:30-5:30 F/S 3:30-6:00Var	29 <i>Game</i>	30 3:30-5:30 F/S 3:30-6:00Var	

October 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 8-10 am Weight Training All 10-11:30 Var 10-10:30 F/S Open Gym
2	3 Var –Tournament F/S-TBA	4 Var –Tournament F/S-TBA	5 3:30-5:30 F/S 3:30-6:00Var	6 Var –Tournament F/S-TBA	7 Var –Tournament F/S-TBA	8 Fr –Tournament 8-10 am Weight Training S/Var 10-11:30 Var 10-10:30 S Open Gym
9	10 5:30-7:30 F/S TBA Var (late)	11 Game	12 3:30-5:30 F/S 3:30-6:00Var	13 Game	14 3:30-5:00 F/S 3:30-6:00Var 5-6:15 Weights F/S	15 8-10 am Weight Training All Var–Tournament 10-10:30 F/S Open Gym
16	17 3:30-5:00 All 5-6:15 Weight Training All	18 3:30-5:30 F/S 3:30-6:00Var	19 Game	20 3:30-5:30 S 3:30-6:00Var	21 3:30-5:30 S Var –Tournament	22 Var –Tournament Soph –Tournament
23	24 3:30-5:00 Var 5-6:15 Weight Training Var	25 3:30-6:00 Var	26 Regionals	27	28	29
30	31					